



## ***Escambia NJROTC***

### ***Plan of the Week***

**7-11 OCT 2024**

**Senior Naval Science Instructor:** LCDR (Ret) Bolling, Rodney, USN

**Naval Science Instructor:** SCPO (Ret) Rolon Soto, Salathiel, USN

### **Cadet Staff Chian of Command**

**Commanding Officer:** C/LCDR Farro

**Executive Officer:** C/LT Kelley

**Command Master Chief:** C/MCPO Teague

**Operations Officer:** C/ENS Doyle, R

**Administration Officer:** C/ENS Barberi

**Supply Officer:** C/ENS Tomlinson

**Public Affairs Officer:** C/ENS Taylor

**Website officer:** C/ENS Fudge

**Community Service Officer:** C/ENS Mangan

Asst. C/CPO Feliz

**Battalion Training Officer:** C/ENS Glass

**Athletic Officer:** C/ENS Dasinger

**Weapons Officer:** C/ENS Hulion, B

**Master at Arms:** C/CPO Baide

**First LT:** C/ENS Eubanks

### **Quote of The Day**

Monday: "Exercise is a celebration of what your body can do. Not a punishment for what you ate." – Women's Health UK

Tuesday: "The only bad workout is the one that didn't happen."

Wednesday- "Take care of your body. It's the only place you have to live." – Jim Rohn

Thursday: "Your body can stand almost anything. It's your mind that you have to convince."

Friday: "Today I will do what others won't, so tomorrow I can accomplish what others can't." – Jerry Rice

Plan of the week

	MONDAY (A SCHEDULE)	TUESDAY (B SCHEDULE)	WEDNESDAY (A SCHEDULE)	THURSDAY (B SCHEDULE)	FRIDAY (C SCHEDULE)
P1 Alpha	Academics		PT		Uniform Inspection
P2 Bravo		Academics		PT	Uniform Inspection
P5 Charlie	Academics		PT		Uniform Inspection
P6 Delta		Academics		PT	Uniform Inspection
P7 Echo	Academics	Academics	PT	PT	Uniform Inspection

Teams:

\*Drill Team: Tuesdays, Wednesdays, and Thursdays, time: 1515-1700 T: Blue shirt, W: Orange shirt, T: Yellow shirt. BRING HYDRATION CONTAINER!

\*Air Rifle, time and date: Tuesdays, Wednesdays, Thursdays, time: 0630-0800

\*Orienteering Team, time and date: TBD

\*Academics, time and date: Monday, and Wednesday, time 0700-0815

Meetings and events (Must Read!)

Staff Meeting: Friday, time: 0700. **ALL STAFF MUST BE THERE!**

Movie Night at EHS NJROTC, date: October 11<sup>th</sup>, 2024, time: 1700-2100

Air Rifle Competition at Pine Forest HS, date: Oct 18<sup>th</sup>, 2024, time: 1200

**Battle at Blakeley Orienteering Meet, date: Oct 19<sup>th</sup> 2024, time TBD**

**Notes from Instructors**

Friday is the movie night event, so we must list who's bringing what for the POTLUCK. Remember that if you're wearing a custom that night it must be appropriate. NO PAJAMAS! This event will go from 1700-2030, 2100 parent pick up. No one will be allowed to leave until all NJROTC is clean and all trash is thrown away.

The Battle at Blakeley Orienteering Meet is on 19 Oct. 2024. We need to identify the Cadets participating in this event ASAP and register.

We need to focus on Drill! We have Milton's Escarosa Drill Meet on Nov. 16<sup>th</sup>, 2024, and we must be ready! Drill team commanders; record videos of the drill routine so Cadets can practice during their time off.

Online Access to this document and calendar is available via our Unit's website:

<https://www.escambahighschoolnjrotc.com>

S. ROLONSOTO

SCPO, USN (RET)